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Create Your Own Spa at Home: Handcrafted Soaps, Scrubs, Bubble Baths, Fizzies, Make Up and More!

Albi Hamilton

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was a little disappointed with the soap recipes. Too much time talking about the failed attempts of making soap. I expected more recipes overall for the cost of book.

Learn how to custom make all-natural, handcrafted soaps, scrubs, bubble baths, bath bombs, facial toners, lotions, massage oils, shower fizzies, and even make up in this step-by-step, easy to follow guide for the beginner. Complete with photos, directions for where to purchase materials, and tips on saving money and navigating the internet for recipes, this book was created to get you started right away. Your home spa session awaits... Enjoy!

About the Author A native Californian, Albi has been enthralled with all things "spa" for nearly two decades. Her intuitive craftiness and knack for writing have enabled her to write a number of instructional books, including *7 Reasons to Skin Brush Every Day: Improve Circulation, Digestion, and More!* and *Create Your Own Spa at Home*. Albi's soaps are available on [Etsy.com](https://www.etsy.com/shop/ShangriLaHealthSpa) at the [ShangriLaHealthSpa Store](https://www.etsy.com/shop/ShangriLaHealthSpa), where you can order a variety of types of all-natural, handcrafted soaps and other spa products. Today she lives with her family and their dog, Maximillian, in Denver.